



MEDICA®

PLAN DETAILS

# VantagePlus with Medica<sup>SM</sup>





# ABOUT VANTAGEPLUS

Two award-winning health care systems have partnered to offer convenient access to a broad network of health care providers. VantagePlus with Medica, one of the largest accountable care organizations in Minnesota, features an integrated member experience, a commitment to clinical quality and a focus on delivering cost-effective health care.

VantagePlus with Medica includes over 4,400 providers, 655 clinics and 12 hospitals - health care providers you know and trust from M Health Fairview (the health care organization representing Fairview, University of Minnesota and M Physicians), North Memorial Health and many popular independent clinics.

## What is an Accountable Care Organization?

Accountable care organizations (ACOs) are networks or teams of health care providers (such as clinics, hospitals, doctors, and specialists) that collaborate with Medica to make health care more efficient and improve the member experience. The network may be smaller than Medica's other open access networks, but the benefits are significant.

## ACOs Deliver Results

ACOs deliver improvements in:

- » **Costs** — cost savings compared to open-access products
- » **Clinical quality** — better member engagement and care coordination
- » **Consumer experience** — 97% of members renew into an ACO product\*

\*Results based on 2019 enrollment

## Travel Program

If members travel out of the plan's service area (Minnesota, North Dakota, South Dakota and western Wisconsin) and need care, they have access to the Travel Program Network. This nationwide network is one of the largest in the country. If members have children attending college outside the service area, they can use this network, too.



# THE VANTAGEPLUS WITH MEDICA EXPERIENCE



## Online Care & Resources

Access to MyChart, a secure online tool where members can schedule appointments, complete a virtual visit, view medical records and stay connected to their care team.

## Single Phone Number

One phone number to call for questions about coverage or care. Members can talk with an advisor to see what their plan covers, learn how a claim was processed, schedule an appointment and more.

## Medication Therapy Management (MTM)

Dedicated help from a specialized pharmacist to make sure medications are best for a member's conditions, lifestyle and budget. The pharmacist will review prescriptions, over-the-counter medicine, and herbal and other supplements.

## Pharmacy Perk

A three-month supply of medication for just two copays when prescriptions are filled at a Fairview or North Memorial Health pharmacy (for members with a copay pharmacy plan).

## Welcome Call

A personal welcome call for new members to help them get off to a good start with their plan.

## Access to Care

Access to any primary or specialty care provider in the VantagePlus network. Some specialty clinics require a primary care visit first for tests and to help guide care.

## Wellness Programs

Unique wellness programs, including:

- Online tools and resources to help you take steps to improve your health while earning gift cards with My Health Rewards by Medica®.
- Fit Choices<sup>SM</sup> by Medica allows you to earn up to \$20 each month when you meet your monthly visit requirement at a participating health club.\*
- When members need help with life's challenges - whether it's personal, financial or legal concerns, they can call the Medica® Optum® Employee Assistance Program (EAP) 24/7 for timely, professional and confidential help.\*

## Convenient Care Options

Many options for getting care that fits the members' needs:

- A 24/7 nurse line for quick answers to health questions.
- Schedule same-day and virtual appointments with a primary care provider. Many clinics also offer walk-in care with no appointment necessary, as well as early morning, evening and weekend hours.
- Online diagnosis and treatment within an hour (including a prescription, if needed) for many common health conditions. Members can connect with a provider via **OnCare.org** from a computer or mobile device 24/7.



## WHEN IT COMES TO HEALTH CARE, EVERYONE WANTS TO HAVE CHOICES.

We know it's important to offer your employees options that will best meet their needs. If VantagePlus with Medica is not the right fit for an employee, they have the option to choose Medica Choice<sup>®</sup> Passport, which offers the largest network of providers.

Medica Choice Passport is an open access plan that lets your employees choose from any doctor, clinic or facility throughout the large network of more than one million providers and nearly 5,800 hospitals nationwide. Regardless of their choice, employees have access to quality care and they can pick a plan that provides the care, convenience and cost savings they want.

\*Members can contact Customer Service at the number on the back of their Medica ID card to see if their plan includes this program.

# CHOOSE VANTAGEPLUS WITH MEDICA

## Hospitals

- **M Health Fairview Bethesda Hospital**  
St. Paul
- **M Health Fairview Lakes Medical Center**  
Wyoming
- **M Health Fairview Northland Medical Center**  
Princeton
- **M Health Fairview Ridges Hospital**  
Burnsville
- **M Health Fairview Southdale Hospital**  
Edina
- **M Health Fairview St. John's Hospital**  
Maplewood
- **M Health Fairview St. Joseph's Hospital**  
St. Paul
- **Maple Grove Hospital**  
Maple Grove
- **North Memorial Health Hospital**  
Robbinsdale
- **M Health Fairview University of Minnesota Masonic Children's Hospital**  
Minneapolis
- **M Health Fairview University of Minnesota Medical Center**  
Minneapolis
- **M Health Fairview Woodwinds Hospital**  
Woodbury



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