



## County Connect Newsletter | July 2024

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### Crisis & Mental Health Resources

The National Alliance on Mental Illness Minnesota (NAMI-MN) and community partners throughout the state are partnering to support Minnesotans experiencing behavioral health challenges by broadening outreach about crisis resources. The Crisis Mental Health Resources document is an easy-to-read handout which has been translated into Spanish, Somali, Hmong, and Ojibwe. There are plans to promote the resource in a variety of public settings including libraries, clinics, public health departments, schools, senior centers, and food pantries. Please utilize the resource in your community with people who could benefit from the information.

The website contains a variety of resources and educational information, as well as the ability to download and print the document in all five languages.

- <https://namimn.org/support/information-and-resources/crisis-resources/>

As a reminder, Medica also offers a variety of behavioral health and crisis resources to our members. Members can receive one-on-one guidance and referrals by calling 1-800-848-8327 (24 hours/day, 7 days/week).

### Medica Foundation: Rural Health Grants

The Medica Foundation is a nonprofit, charitable grant-making foundation for community-based programs and services. The Medica Foundation believes that everyone deserves a fair and just opportunity to be as healthy as possible. Relationships drive our work as we engage our partners in developing ways to address challenges that face the communities we serve.

Rural Health is one of the key funding areas for the Foundation, and rural health applications are being accepted from July 1 – September 6, 2024. We aim to fund nonprofit, community-led solutions that address health needs and social determinants of health in rural communities. Examples include funding for caregiver/respite services, technology, transportation, program supplies, dental care and food security. Funding is available to organizations located outside of the seven-county Twin Cities metropolitan area in Minnesota.

For more information, visit the [Medica Foundation website](#).

### Benefit Spotlight: Dental Care Coordination

Seeing the dentist has become more challenging across the state. That's why we've partnered for many years with Delta Dental of Minnesota (DDMN) to provide Dental Care Coordination (DCC) for members on all Medica Medicaid plans.

DCC helps overcome dental access barriers. Our **county partners** and **care coordinators** have direct access to DCC and can conference in with members in real-time. DCC helps:

- Find a dentist
- Schedule an appointment
- Get a ride and/or interpreter when needed
- Give appointment reminders
- Schedule follow-up appointments

Dental Care Coordination can be reached by calling **651-994-5198 (Toll Free 866-303-8138, TTY 711)**. DCC is available from 8am-5pm, Monday-Friday. Members can also access DCC through member service at DDMN if they've been unsuccessful finding a dentist.

## Member Advisory Committee Meetings



As a reminder, we hold multiple Member Advisory Committee meetings throughout the year and include groups of members from each of our Medicaid products. Upcoming meetings:

- 8/28/24 (11am-1pm) – Public Library (*Little Falls*) – *SNBC & ISNBC*
- 10/10/24 (11am-1pm) – Public Library (*Duluth*) – *MSHO & MSC+*

We invite you to send us the names of any individuals you think would be a good fit to share feedback and input with Medica for these meetings. We look for a diverse set of voices and perspectives for these groups. We include members as well as a variety of other stakeholders (providers, advocates, county representatives) as well.

Please let us know if you would like to attend and/or share any potential participant names by emailing us at [AdvisoryCommittee@medica.com](mailto:AdvisoryCommittee@medica.com).

## Recent & Upcoming Events



Our County and Community Engagement Team is excited to sponsor and participate in community events throughout Minnesota. Below are some recent photos and a list of upcoming events.



- 7/17/2024: **CEAP Farm Fresh Wednesdays** (Brooklyn Center)
- 7/18/2024: **Washington County PIT Event** (Stillwater)
- 7/18/2024: **Farmer's Market** (Brooklyn Center)
- 7/18/2024: **Resource Fair** (Brooklyn Park)
- 7/24/2024: **CEAP Farm Fresh Wednesdays** (Brooklyn Center)
- 7/25/2024: **Farmer's Market** (Brooklyn Center)
- 7/25/2024: **CAPI Fresh Produce Distribution** (Brooklyn Center)
- 7/27/2024: **V-Fest Live Your Best Life Health Fair** (St. Paul)
- 7/30/2024-8/1/2024: **MinnCAP Conference** (Duluth)
- 7/31/2024: **Resiliency Conference** (Monticello)
- 8/1/2024: **Farmer's Market** (Brooklyn Center)
- 8/10/2024: **Health Fair** (Brooklyn Center)
- 8/12/2024: **Barbeque & Backpacks Event** (Cloquet)
- 8/13/2024: **Sherburne County Family Celebration** (Becker)
- 8/15/2024: **Unity in the Community** (Richfield)
- 8/15/2024: **Operation Community Connect** (Milaca)
- 8/15/2024: **Farmer's Market** (Brooklyn Center)
- 8/20/2024: **Operation Community Connect** (Onamia)
- 8/20/2024: **Farmer's Market** (Crystal)
- 8/21/2024: **Pine County Operation Community Connect** (Hinckley)

We always welcome referrals for events happening in your community (metro or regional!) that we may sponsor or participate in – please let us know. If you are at one of these events, please stop by to say hello!



## Contact us

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