

## Benefit Guideline: Healthy Food Program

**Service: Allowance program for Healthy food items**

**Effective: 1/1/2022-12/31/2024**

**Products:**

Medica DUAL Solution<sup>®</sup> - Minnesota Senior Health Options (MSHO)

**Benefits Defined**

Supplemental

**Covered Services**

The Healthy Food Program provides members with a monthly allowance of \$150 to be used on purchasing fresh fruit, vegetables, milk, eggs, bread, nutritional drinks, coffee, breakfast, pasta, and more. The benefit is available at the beginning of each month. There is no carry-over month to month.

**Eligibility:**

- MSHO members currently enrolled with Medica.

**Process**

- This benefit is added to the member's Healthy Savings card.
- Members will receive a letter advising them they are eligible for the benefit and how to access it using their Healthy Savings card or App.
- Members scan their Healthy Savings card at participating retail grocers to receive the benefit.
- Allowance of \$150 per month, there is no carry over from month to month.
- Members can view their balance at any time through the App, or by calling member services.
- Care Coordinators may assist members in finding participating retail grocers through the following link [www.Medica.com/HealthySavings](http://www.Medica.com/HealthySavings)
- Members can also contact Member Services for additional benefit details.

**Transportation**

- Members can utilize unlimited public transportation where available to Healthy Foods grocery locations.
- Members can get up to one round trip per day with a volunteer driver or taxi to Healthy Foods grocery locations where public transportation is not available.
- Medica's Provide-A-Ride program can assist members with scheduling rides to approved locations. Members can Visit [www.medica.com/RIDE](http://www.medica.com/RIDE) or call 888-347-3630. App can also be downloaded from Google Play Store or Apple App Store.

401 Carlson Pkwy  
CP540  
Minnetonka, MN 55305  
**Medica.**  
Important Plan Information  
  
««Firstname Lastname  
Address 1  
Address 2  
City, State, Zip»»

## HEALTHY SAVINGS

### Activate your card to start saving

Your Healthy Savings card from Medica is here. When your 2024 coverage begins, you'll get:

**\$150**  
each month on healthy food

**\$100**  
each month on utility bills

Weekly Discounts on groceries

If prompted, your PIN is the last 4 digits of your card number.

Your funds will automatically load onto your card. Funds expire monthly.

**Your Visa Card**

The easiest way to activate your card

Scan the QR code to download Healthy Savings mobile app.

You can also activate your card at [HealthySavings.com](https://HealthySavings.com) / Medica or by calling 1-855-256-4620 (TTY 711).

Shopping instructions on the back

### As easy to use as a debit card

When you are ready to pay, swipe your card or enter the 16-digit card number online. If your total is more than your available funds on your Healthy Savings card, you can pay the balance due using another form of payment.

### In-store shopping made easy

Your local participating stores include: ««Walmart, Kroger, Walgreens, CVS, Publix and more»»

Check your app for weekly grocery discounts. Use the in-app Product Scanner to find thousands of covered items like:

- ▶ Fresh fruits and veggies
- ▶ Bottled water
- ▶ Wheat bread
- ▶ Milk
- ▶ Eggs
- ▶ Canned tuna
- ▶ Ground beef
- ▶ And more

### More ways to spend

- ▶ Shop food online. On [HealthySavings.com](https://HealthySavings.com) / Medica you can have your items shipped with Walmart.
- ▶ Pay utilities like gas, water, cell phone, and internet at your service provider



Questions? Need your benefit balance? Visit [HealthySavings.com](https://HealthySavings.com) / Medica or call 1-888-347-3630 (TTY: 711) 8 a.m. - 9 p.m., CT, 7 days a week.

Use of Your Card: Your card is not a credit card but may be entered as "credit" to check out. If prompted, your PIN is the last 4-digits of your card number. Usage restrictions apply. See cardholder terms for details. No Cash (except as required by law) or ATM Access.

««Issued by Citizens Alliance Bank, Member FDIC, pursuant to a license from Visa® U.S.A. Inc.»»

Medica DUAL Solution® is an HMO D-SNP that contracts with both Medicare and the Minnesota Medical Assistance (Medicaid) program to provide benefits of both programs to enrollees. Enrollment in Medica DUAL Solution depends on contract renewal.

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## When to Submit a Request for Benefit Exception

- This service is ineligible for BEI requests, members cannot exceed the \$150 per month, and there is no rollover of credit from month to month.

## Considerations:

- If member needs additional nutritional supports, consider if member has had change of condition that would require an assessment, determine waiver eligibility for additional services and supports.

This Medica Benefit Guideline for Care Coordination products is intended to guide service plan development. This reflects current interpretation of the product benefit set and/or parameters for obtaining services. Medica staff should be consulted for further guidance or to vary from these recommendations.

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